

and he was right; for, 3 days after her baptism, she departed this life, probably to join her children, who were here called "the Holy family." The affliction ended there, and the other sick people recovered.

Some caused themselves to be sweated (without their usual superstitions). They heat stones red-hot in the fire, and place them in a small, well-closed bark hut. Then the person who is to be sweated, shuts himself up in it entirely naked, and sits down, on fir-branches; and from time to time, in order to increase the heat, he throws cold water on the stones, and also drinks some. This causes him to break out into a profuse perspiration; but, as he breathes no fresh air, I would think that he drinks his own sweat over and over again, and does himself more harm than good. Indeed, there is no doubt that this method of sweating themselves with stones has a very withering effect upon them, and parches their lungs. They have been taught another way of using that remedy, which, by ejecting the noxious humors, allows them to escape outside *and [crossed out in MS.]* can but do much good. It consists in boiling in a large kettle spruce-twigs with aromatic herbs, among which are placed some of those oily shrubs that are here called the "pepper-plant," because their fruit, from which green wax is obtained, has in fact, if not the consistency and hardness, at least the appearance of pepper. A tub is prepared, across which a board is laid to serve as a seat; then, on the outside, to the hoops of the tub are nailed 4 or 5 small sticks, and their pliant tops are tied to a medium-sized hoop. This hoop is placed as high as the neck of him who is to sit in the tub, so that his head is outside, and the remainder